

From a website [www.alternative-healthzine.com/html/0500\\_2.html](http://www.alternative-healthzine.com/html/0500_2.html)

## CHLOROPHYLL

Chlorophyll is the remarkable substance to which we all owe our lives. This is because chlorophyll has the ability to capture the sun's energy and lock it into plants in such a way that we can use it to sustain our own lives.

Chemically, chlorophyll is almost identical to haemoglobin - the substance which transports oxygen from the Lungs to the tissues of the body. Out of about 50 atoms in the compound, only two are different. The main difference is that at the centre of chlorophyll there is a magnesium ion; whereas haemoglobin has iron in the same place.

The action of chlorophyll is so important, that two Nobel prizes were awarded for research on the compound.

Chlorophyll's health properties were observed as early as 1950, when Offen Krantz reported the healing of long standing peptic ulcers after the application of chlorophyll.

The benefits of chlorophyll fall into three main categories, purifying, anti-inflammatory, and renewal.

1. **Purifying:** Chlorophyll has an anti-bacterial effect on wounds, and an anti-yeast effect in the digestive tract. It appears to counteract many toxins in the body.
2. **Inflammation:** It has the effect of reducing inflammation. Thus it can be used to help counteract the effects of arthritis, stomach ulcers, colitis, sore throats, and other inflammatory conditions.
3. **Nourishing:** It builds blood - after all, it is almost identical to haemoglobin (see above); it helps promote intestinal flora, and assists Liver cleansing.

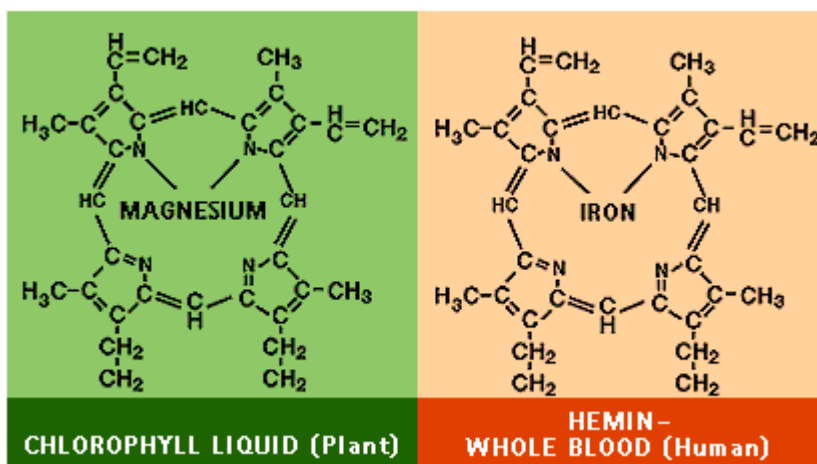
From <http://www.evergreenjuices.com>

## CHLOROPHYLL

"Chlorophyll, the healer, is at once powerful and bland - devastating to germ, yet gentle to wounded body tissues. Exactly how it works is still Nature's secret; (but) to the layman, at least, the phenomenon seems like green magic." *H.E. Kirchner, M.D.*

Have you ever tasted sunshine? Wheatgrass Juice is the closest you can get to drinking liquid sunshine. Wheatgrass Juice is over 70% raw chlorophyll, which is the amazing green stuff plants use to turn sunlight into energy. (Photosynthesis)

Chlorophyll is also referred to as the "Blood of the plant" because the chemical composition of chlorophyll and haemoglobin is remarkably similar.



It is the opinion of Dr. Yoshihide Hagiwara, a Japanese scientist, that inside the body, the magnesium iron in the chlorophyll is replaced with an iron molecule, making new blood. In other words, when the "blood" of the plant is absorbed in humans, it is transformed into human blood, which transports nutrients to every cell of the body.

▶ [Remedial effects of Chlorophyll](#) from *The Healing Power of Chlorophyll from Plant Life* by Bernard Jensen See <http://www.evergreenjuices.com/html/chloro.htm>